



Pest management
keeps Travis ...

NEWS READY

PAGES 14-15

Veterans are heroes for Reserve officer

KEESLER AIR FORCE BASE, Miss. — From one veteran to another, I want to thank you for your service and the sacrifices you have made for this great nation.

When I am thanked for my service, it reminds me of a recent conversation I had with my wife, who is also an Air Force Academy graduate. She served on active duty for six years as an astronautical engineer.

The question I asked was, “Why do military members get singled out and thanked for simply doing our job?”



Commentary by Lt. Col. Stuart Rubio
403RD WING
PUBLIC AFFAIRS

When you look at each aspect of what we do, when taken by itself, it is not unique.

Military duty can come with extended time away from home on temporary duties and deployments. Some other professions have to spend time away, such as international business men and women.

Military duty includes the possibility of being on-call at all

times. And again other professions have on-call duties that they perform, medical professionals for one.

Military duty includes the possibility of being in life

Commander's Commentary

threatening situations. But we aren't the only ones, police and fire fighters also put themselves in harm's way.

We finally concluded that what makes those who have served, and those still serving, so special is the combination of all of these sacrifices and many more unnamed by both the service members and their family.

Each have agreed to give up a portion of their individuality in order to join something so much bigger than themselves or their family. And it is that “Service before Self” mentality that has

me in awe of what all veterans have done for their country.

I truly understand that I am one of the lucky ones, because I have served in a time where my service is appreciated by the general public, and I know that not all veterans had that privilege during their service. That is why it is important to say to those veterans that our nation does appreciate everything you did and are thankful to you for your service.

I grew up in a suburb of Philadelphia, a city that has a reputation for being hesitant to welcome in outsiders, especially if you aren't an Eagles, Flyers, Phillies or 76ers fan. During the past few years I was given the opportunity to perform fly-bys

of a few Phillies baseball games, and after we landed, we would rush over to the stadium to attend the remainder of the game in uniform. It was during these times when I was more and more proud of how my hometown welcomed my fellow Airmen as one of their own, simply based on their decision to serve their country.

But the most memorable example of appreciation that I have experienced was not in the United States, and it wasn't directed to me. This experience occurred during one of the D-Day memorial events in Normandy, France, where the 815th Airlift Squadron was

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ICBM recognizes 60 years since first time on alert

Commentary by Troy A. Hallsell
341ST MISSILE WING HISTORIAN

Commentary

MALMSTROM AIR FORCE BASE, Mont. — On Oct. 31, 1959, the United States Air Force's first intercontinental ballistic missile, the SM-65D Atlas, went on alert at Vandenberg Air Force Base, California.

Assigned to the 576th Strategic Missile Squadron, the U.S. Air Force deployed Atlas ICBMs above ground in a 3-by-1 launch configuration. The missile was 82.5 feet in length, 10 feet in diameter and weighed 276,136 pounds when fueled.

It had a range as far as 9,000 miles and was equipped with a W49 1.44-megaton warhead. Given the missile's size, its launch site resembled a small village.

The launch operations building, which housed the launch crew, was a reinforced concrete two-story structure measuring 73 feet by 78 feet.

The guidance operations building that sent course corrections to the missile in flight was a 75 foot by 212 foot one-story building with a reinforced concrete basement.

Finally, the power plant housed three large, diesel generators and water pumps in a 63 foot by 65 foot single-story concrete block building.

Despite the weapon system's short lifespan, it paved the way for the Minuteman ICBM.

President Dwight Eisenhower believed the Atlas could plug the perceived missile gap between the United States and the United Soviet Socialist Republic.

Following the USSR's launch of the world's first artificial satellite, the Sputnik-I, on Oct. 4, 1957, the U.S. accelerated its ICBM program aboard an R-7 Semyorka ICBM.

“These scientific accomplishments of theirs have provided us all with renewed evidence of Soviet competence in science and techniques important to modern warfare,” said President Eisenhower. “We must, and do, regard this as a time for another critical re-examination of our entire defense position.”

From 1955 to 1957, Congress and the U.S. Air Force increased the ICBM research and development budget from \$161 million to \$1.3 billion, with a \$1.3 billion supplement in 1959 to ramp up ICBM production.

The U.S. Air Force rushed to deploy

See HALLSELL Page 21

Hellhound innovation saves time, effort, money

Tech. Sgt. David W. Carbajal
621ST CONTINGENCY RESPONSE WING PUBLIC AFFAIRS

“Knowledge is power and should be shared democratically.”

This is the quote you will find at the desk of Staff Sgt. Timothy Miller, 821st Contingency Response Squadron tactics flight. And this isn't just a quote he appreciates; it's something he lives by.

Miller finished in the top five of 64 Airmen who submitted their innovation to the 2019 Air Mobility Command's Phoenix Spark Tank competition.

“Finding solutions to everyday problems should be everyone's goal,” said Miller.

Over the last year, Miller and his team of problem solvers came up with a new way to power tactical airfield lights that are used to guide aircrews in low-light situations in austere airfields. These lights aren't just used by the 621st Contingency Response Wing, but by a number of units through the Air Force.

Historically, these airfield lights were powered by four AA batteries.

“When using the batteries, there was a lot of uncertainty,” said Miller. “We never knew how long the batteries would last and the weather conditions wreaked havoc on them.”

The AA battery approach gave the airfield lights enough power for a few hours at best, but in February, Miller was motivated by members of the 821st CRS to find a better solution.

“Just like in any brainstorming session, we began by just throwing ideas out there. Some ideas stuck, some didn't,” said Miller.

During one of the sessions, Tech. Sgt. Stephen Stafford suggested the team try using a universal serial bus or USB to power the lights, said Miller. The team did a quick experiment with it and the lights worked, using an impromptu USB



U.S. Air Force photo/Tech. Sgt. David W. Carbajal

Staff Sgt. Timothy Miller, 821st Contingency Response Squadron, plugs in a power bank into Phantom brand tactical airfield lights at the 821st CRS building Nov. 14 at Travis Air Force Base, California. As part of Air Mobility Command's Phoenix Spark Tank, Miller and a team of innovators came up with an idea to modify the lights to increase the effective battery life to use while in austere environments.

connector and positive and neutral wires.

“That was our ‘Eureka’ moment,” said Miller.

The team's next hurdle was to make an adaptor that would complete the circuit the same way the batteries would. They decided to experiment with the 3D printers at the Travis Air Force Base

Phoenix Spark lab.

“Luckily, for us Sergeant Perry has experience with 3D printers,” said Miller.

Staff Sgt. Jared Perry and the rest of the team came up with a design that would replace the batteries in the lights. In June 2019, the team had a working version of the lights and tested them on

a TDY to Fort A.P. Hill, Virginia. After field testing, the team made more improvements to the design and tested them again in September 2019.

“The lights worked well during our testing at Mobility Guardian,” said Miller.

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Tailwind

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On the cover

Senior Airman David De Alva, 60th Civil Engineer Squadron pest management technician, sprays hornet's nests with insecticide Nov. 8 at Travis Air Force Base, California.

U.S. Air Force photo/Airman 1st Class Cameron Otte



U.S. Air Force photo/Airman 1st Class Cameron Otte

WARRIOR OF THE WEEK

- Name:** Senior Airman Andre Hamilton.
- Unit:** 60th Medical Support Squadron.
- Duty title:** Health services management technician.
- Hometown:** Born in Jamaica, raised in Florida.
- Time in service:** Five years.
- Family:** Spouse, Kari; child, Liam.
- What are your goals?** Having six-pack abs, owning a mansion in the southern United States, earning a coin for “outstanding performance.”
- What are your hobbies?** Breakdancing, tumbling, videography, photography, traveling and spending time with family.
- What is your greatest achievement?** Being the best father I can be and the father I never had to Liam.

Travis hosts event for Gold Star mothers, families



Karen Meredith, Gold Star mother, gives a speech for the Gold Star Mother's and Family's Day Event Oct. 29 at Travis Air Force Base, California. Gold Star family members and base leaders gathered to honor fallen U.S. service members.

U.S. Air Force photo/Senior Airman Jonathon Carnell

Altus leads first KC-46 landing gear strut removal

Airman 1st Class
Breanna Klemm

97TH AIR MOBILITY WING PUBLIC AFFAIRS

ALTUS AIR FORCE BASE, Okla. — The KC-46A Pegasus will take off and land approximately 1,250 times a year during mobility training at the 97th Air Mobility Wing. In turn, this creates strain and wear on the aircraft parts, something the Altus maintenance team constantly keeps close eyes on. The 97th AMW Maintenance Group KC-46 A-Team accomplished a milestone task for the KC-46 program Oct. 8, 2019, when removing a KC-46 landing gear strut for the first time at Altus Air Force Base, Okla.

Following a routine flight, the A-Team noticed a main

landing gear strut was leaking hydraulic fluid. The maintainers got straight to work searching for a solution. The A-Team would have to repack the strut to repair the leak, a task that had not been done before.

In order to detach the landing gear from the airframe, the KC-46 must be lifted approximately 13 feet off the ground, giving the aircraft enough room for the strut to slide away. Although it flies almost every day, it is a rare sight to see a KC-46 in the air held solely by jack stands.

"This is a huge event for the maintenance group because of the scope of repair and the amount of people that get to participate and learn," said Donnie Obreiter, the

KC-46A maintenance flight chief. "What this crew is doing here today is going to set the stage for many generations of maintainers in the future which could be doing this same task."

The maintenance repair served as a learning opportunity and training tool for maintainers across the Air Force for first task verifications. It additionally facilitated an environment focused on improvement for maintainers across the Air Force, ensuring all KC-46 supporting units remain mission ready.

Though the A-Team led the repair, they were not alone in the strut removal. Maintainers from Pease Air National Guard Base, New Hampshire, and McConnell AFB, Kansas,

were on site to learn and assist with the process.

KC-46 subject matter experts from local and national Boeing facilities additionally provided their insights highlighting the importance of collaboration, allowing the repair to be a smooth and successful process.

"Training like this is good for everyone here in maintenance. It helps us remain mission-ready and stay at the forefront of the KC-46 enterprise," said Obreiter. "It is really important for something at this magnitude to involve all the other Airmen across the Air Force who could face this problem as well. It is better to work through these types of problems as a team where we are all on the same page."

Commissary schedule set for holidays

Defense Commissary Agency
Corporate Communications

FORT LEE, Va. — More commissaries will be open on the Mondays before Thanksgiving and Christmas, the Defense Commissary Agency announced.

The expanded schedule means patrons at many commissaries will have added days to shop, especially at a number of stores that are normally closed on Mondays:

- Thanksgiving – open Nov. 25-27, closed Nov. 28 (Thanksgiving).
- Christmas – open Dec. 23-24, closed Dec. 25 (Christmas).
- New Year's Day – Open Dec. 31, closed Jan. 1 (New Year's Day).

There are exceptions to the holiday schedule, so patrons are reminded to check the "Store Information & Holiday Hours" box on their store's webpage to confirm their store's operating days.

"DeCA has added extra operating days to its holiday schedule to help patrons maximize their commissary benefit," said Army Command Sgt. Maj. Tomeka N. O'Neal, senior enlisted adviser to the DeCA director. "The money you save on groceries can go elsewhere. Don't forget about the savings on that frozen turkey for just 48 cents a pound."

O'Neal reminds patrons that the following special promotions and online programs are available to help them maximize their benefit over the holidays:

- Make a list and stick to it. The commissary website has lots of holiday recipes. Use these recipes to help make your grocery list. While you're on commissaries.com, check out the Savings Center for the best deals for coupons, sales flyers and featured items.

- The commissary and its industry partners have teamed up to offer a special promotion: a turkey coupon booklet that allows you to save more than \$21 off a turkey with qualifying holiday meal purchases. A limited

See **SCHEDULE Page 22**

DeCA adds meat alternatives

Kevin L. Robinson

DEFENSE COMMISSARY AGENCY
PUBLIC AFFAIRS SPECIALIST

FORT LEE, Va. — Commissaries worldwide are offering plant-based meat options for burgers, ground beef and sausages that are trending well with patrons, said the Defense Commissary Agency's director of sales.

"Many commissaries have long sold vegetarian and plant-based meat products in keeping with consumer demand," said Tracie Russ, DeCA's sales director. "But demand has grown for more of these options, and so we've expanded our offerings in our worldwide network of stores."

There are four new alternative meat options from Beyond Meat that have been added to DeCA's worldwide stock assortment: Beyond Burger, Brat Sausage, Hot Italian Sausage and Plant-Based Ground. As these items have grown in popularity, many commissaries are cross-merchandising wherever possible to give them more exposure.

Plant-based options in commissaries fall in line with what's offered in the grocery/retail industry at large, where alternative meats are trending high, especially with Millennials (born 1981-1996) and Gen. Xers (born 1965-1980), according to a Nov. 1 Progressive Grocer article.

As the popularity of these new products began to soar, DeCA's sales category management team recognized the trend and added Beyond Meat to the commissary stock assortment, said Darrell Clary, the agency's category manager for meat and seafood.

"The demand for these products is through the roof," Clary said. "Whether it's for health, convenience or taste, our patrons have demonstrated that they want plant-based meat. We are definitely looking at

See **ALTERNATIVES Page 21**



U.S. Air Force photo/Airman 1st Class Jayden Ford

An Airman from the 19th Civil Engineer emergency management uses Alpha Probe-100 to monitor aircrew members for the presence of alpha radiation contamination as part of a simulated decontamination effort during phase II-B of ROCKI 20-01 Nov. 16 at Little Rock Air Force Base, Arkansas. Phase II-B marked the first time the radiological domain was tested as a portion of the exercise.

Bioenvironmental paves way for radiological operations

Airman 1st Cass Jayden Ford
19TH AIRLIFT WING PUBLIC AFFAIRS

LITTLE ROCK AIR FORCE BASE, Ark. — The 19th Operational Medical Readiness Squadron Bioenvironmental Flight led the way during November's ROCKI 20-01, a multiple-phase full spectrum readiness exercise, by providing essential information to commanders about the effects chemical and radiological hazards have on Airmen.

The team's efforts were

tested during phase II of the exercise. Phase II-A consisted of simulated chemical threats and phase II-B involved operating in a simulated radiological environment. Bioenvironmental Airmen had to make determinations on what protective measures should be taken in order for Airmen to safely continue operations.

"As bioenvironmental engineers, our ultimate goal is to optimize the performance of Airmen through their health," said 1st Lt. Santino Cozza, 19th

OMRS bioenvironmental engineer.

Radiological and chemical hazards are potential threats to Airmen in contingency operations. While protecting assets during such threats is vital to mission success, the 19th OMRS Bioenvironmental Engineer Flight protects the Air Force's most important assets – Airmen.

"We care about the human aspect and what happens to the body when it is exposed to things like chemicals and radiation,"

said Staff Sgt. Crystal Przybylski, 19th OMRS bioenvironmental engineer. "We determine how long it will take for your body to start degrading in any aspect, whether it's acute radiation sickness, burns or long term chronic effects that you might feel down the road."

The dangers of radiation exposure makes the push for radiological readiness essential for sustaining the mission in any

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Women's Leadership Symposium inspires growth

Marisa Alia-Novobilski
AIR FORCE MATERIEL COMMAND
PUBLIC AFFAIRS

WRIGHT-PATTERSON AIR FORCE BASE, Ohio — The Air Force Materiel Command hosted its inaugural Women's Leadership Symposium Nov. 13-14 with the theme of "Empower, Encourage and Embrace" to focus on women leadership and diversity in the workplace.

The two-day event drew more than 250 attendees from across the command. The symposium featured keynote speakers, issue-focused panels and collaborative networking discussions designed to empower women to help foster workplace environments that embrace diversity and promote leadership growth throughout the organization.

"We are the most diverse command in the United States

Air Force, and the make-up of females in the military is much higher now than when I entered in 1984," said Gen. Arnold W. Bunch Jr., AFMC commander, during opening remarks Nov. 13. "We need to make sure we give you opportunities to grow and develop, and we need to foster an environment where you can thrive in the workplace each and every day."

While the Air Force is working diligently to address a number of initiatives focused on the needs of female warfighters, to include uniform fit, childcare, maternity issues and more, there is still a need to address those "hard" issues that often get overlooked in the workplace, said Maj. Julie Glover, symposium lead.

"There are so many

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Lt. Gen. Jacqueline Van Ovost, Headquarters Air Force director of staff, provides remarks during the inaugural Air Force Materiel Command Women's Leadership Symposium Nov. 13 at Wright-Patterson Air Force Base, Ohio.

U.S. Air Force photo/Scott M. Ash

US, Norwegian student pilots train in F-35 course

Airman Brooke Moeder
56TH FIGHTER WING PUBLIC AFFAIRS

Editor's note: Due to foreign partner sensitivities, the names of the Royal Norwegian Air Force members are undisclosed.



LUKE AIR FORCE BASE, Ariz. — In a span of eight demanding months, four 62nd Fighter Squadron student pilots—two U.S. and two Norwegian—will learn the ins-and-outs of the F-35A Lightning II as they train through the first-ever allied F-35 basic flight course, or B-course, beginning as novices and developing into proficient and lethal fighter pilots.

The 62nd FS activated in

January 2015 at Luke Air Force Base as a joint international effort between Italy, Norway and the United States for F-35 training. Student pilots from each of the three nations fly Italian, Norwegian and American F-35s under the guidance of American and Norwegian instructor pilots.

"This is the first allied basic course ever in the F-35," said Lt. Col. Christopher Hubbard, 62nd FS squadron commander. "Previously, only U.S. pilots learned to fly the F-35 as their first fighter jet straight out of pilot training. Now, for the first time ever, Norwegian pilots are training right alongside American pilots in the F-35 B-course."

The student pilots took their first flights in the fifth-generation fighter on varying dates in September and October, familiarizing themselves with the F-35 and its components.

"The first flight was awesome," said U.S. Air Force 1st Lt. Nathanael Zillweger, 62nd FS fighter student pilot. "It's interesting because in the simulator you can't feel the jet at all. On your first flight the jet rumbles a little bit so you get a feel for what it's like to have 40,000 pounds of thrust at your back. That was probably the best thing for me."

The students employed their training as they taxied

See F-35 Page 20



U.S. Air Force photo/Airman Brooke Moeder

Capt. Roland Neal, 62nd Fighter Squadron fighter pilot student, prepares for his first flight in the F-35A Lightning II, Oct. 1 at Luke Air Force Base, Arizona.

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National Guard cyber teams asset in cyber defense

Sgt. 1st Class Jon Soucy
 NATIONAL GUARD BUREAU PUBLIC AFFAIRS

ARLINGTON, Va. — National Guard members continue to be an integral element in cyber defense, the Guard's top general said during a recent roundtable discussion at the Pentagon on the cyber mission set.

"When I first joined the National Guard, cyber was not part of our vocabulary," said Air Force Gen. Joseph Lengyel, National Guard Bureau chief. "Now, it's one of our daily battlegrounds."

More than 3,900 troops make up the Guard's cyber element, Lengyel said, adding that includes traditional part-time units as well as full-time units that work directly for U.S. Cyber Command.

"The Air National Guard always provides two (cyber protection teams), and on the Army side, the Army (National Guard) always provides one, that are continuously mobilized and doing duty for U.S. Cyber Command and the cyber mission force," Lengyel said.

Guard cyber teams have also responded in support of local and state authorities, including earlier this year in Texas and Louisiana.

"In May, one county – Jackson County – got hit with ransomware," said Army Maj. Gen. Tracy Norris, Texas National Guard adjutant general. "It disrupted county services. People weren't able to transfer property, the police doing a background check weren't able to pull up that information."

County officials realized that a response to the attack was beyond the scope of their information technology staff and looked to the Guard for assistance, Norris said.

"We had people out there within 12 hours to do an assessment on what had happened and to get that county back online," Norris said. "We helped them get to a recovery point where their IT professionals could come in and get the county back to where it could deliver services."

That, it turned out, was just a dress rehearsal. A month later, 22 Texas counties were hit with ransomware attacks, and again the Texas Guard was called out.

"Immediately the (Texas) Department of Emergency management called over to us and we got people on the phone to assess and figure out where to go to start (responding to the attack)," Norris said.

From there, a team of 50 or so Soldiers and Airmen responded to get the networks back online, Norris said, adding it took about two weeks to get everything back to normal.

Jackson County, the county hit in the May attack, was also one of the 22 counties hit in June, but the attackers were quickly stopped.

"They did not get past (the network) firewall," Norris said, adding that was in large part because of measures Guard



U.S. Air National Guard photo illustration/Staff Sgt. Jon Alderman
Airman 1st Class Thomas Schoening, 153rd Airlift Wing cyber transport systems specialist, oversees server room operations Nov. 1 at the Cheyenne Air National Guard Base, Wyoming.

See CYBER Page 20

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New tool crib has measurable impact

Senior Airman Cody R. Miller
JOINT BASE CHARLESTON PUBLIC AFFAIRS

JOINT BASE CHARLESTON, S.C. — Airmen procured an automated tool crib to streamline flightline processes and improve maintainer quality of life in the shop Nov. 8 at Joint Base Charleston, South Carolina.

After identifying a problem with time consuming processes, Airmen from the 437th Aircraft Maintenance Squadron Support Flight tool room researched ways to improve one of their most daunting tasks of keeping their benchstock supply at the appropriate levels to accommodate the C-17 Globemaster III high ops-tempo at JB Charleston.

“This new piece of equipment really shortens our processes,” said 2nd Lt. Estera Leavelle, 437th AMXS Support Flight officer-in-charge. “It’s also able to help us maintain accurate records more effectively and efficiently.”

628th AMXS Airmen teamed up with 628th Contracting Squadron to acquire an automated benchstock machine that vends various aircraft parts such as screws, nuts, washers and light bulbs.



Staff Sgt. Slade Muraira, 437th Aircraft Maintenance Squadron shift leader, shows his shop members how to check out tools using their new automated tool crib Nov. 8 at Joint Base Charleston, South Carolina.

The machine updates the program manager via email on the quantity levels of each part bin by weight. This initiative will save the section over 1,000 hours a year by reducing the time spent counting thousands of miscellaneous aircraft parts and hardware. The automation frees up one Airman per shift from manning the program.

“It took a few years for us to acquire this piece of equipment, we were denied the first time because of funding and had to start the process over again,” said Staff Sgt. Slade Muraira, 437th AMXS Viper Tool Room shift leader and one of the initial Airmen to apply for the tool crib. “It took a lot of phone calls to other bases and

units that already had the machine. We wanted to do our research and be sure that this was the right call in purchasing it for our unit. In three years it’ll pay for itself with the amount of labor it saves. Everything after that is profit as far as man hours are concerned.”

Muraira said the tool crib

will have a positive impact on all of the flightline Airmen and operations, not just his shop.

“Everyone that works on the flightline could have a hand on some of the tools we have in our shop,” Muraira said. “This will help us keep 100% accountability on any tools that we give out. Everyone comes through us, we have a tool box for everyone.”

In the last few years, the Air Force has been driving an innovation initiative to help the force keep up with evolving technologies and systems.

In an address to the Air Warfare Symposium in February of 2018, Chief Master Sergeant of the Air Force Kaleth O. Wright stressed the importance of innovation and allowing young Airmen to try and fail at new methods to keep the Air Force current, lethal and efficient.

“Some of you in this room will take to war in 10 to 20 years,” Wright said. “So, we have to think about the technology and the innovation that we need 10 to 15 to 20 years from now. We have to start thinking about it and start building it right now. Do you have a culture in your organization that

See **TOOL CRIB** Page 20

CBD products not OK to use, Air Force says

Secretary of the Air Force
Public Affairs

WASHINGTON, D.C. — Cannabidiol oil, also known as CBD oil, is growing in popularity as an ingredient in health and pet products, but is it okay for service members and federal employees to use? The simple answer is no.

These products may contain tetrahydrocannabinol and can cause Airmen to test positive during a urinalysis for the presence of marijuana, which is illegal to consume under federal law and Air Force Instruction 90-507, “Military Drug Demand Reduction Program.”

“It’s important for both uniformed and civilian Airmen to understand the risk these products pose to their careers,” said Maj. Jason Gammons, Air Force Office of The Judge Advocate General spokesperson. “Products containing unregulated levels of THC can cause positive drug tests, resulting in the same disciplinary actions as if members had consumed marijuana.”

CBD oil is derived from the Cannabis sativa L. plant, commonly known as marijuana, and is found in many products – gummy bears, teas, vapes, lotions, bath salts and even pet

See **CBD OIL** Page 18

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Pest management keeps Travis mission ready



1) Senior Airman David De Alva, 60th Civil Engineer Squadron pest management technician, checks traps to see if there is any evidence of bats crawling through the pipes Nov. 8 at Travis Air Force Base, California. De Alva is trying to rid a building of bats by waiting for them to leave and blocking all entrances before they return. 2) De Alva puts on his gas mask to check if the filters are working properly Nov. 8 at Travis. 3) De Alva sets down a trap to catch vermin Nov. 8 at Travis. De Alva places traps around the base to capture unwelcome critters.

U.S. Air Force photos/Airman 1st Class Cameron Otte

Airman 1st Class Cameron Otte
60TH AIR MOBILITY WING PUBLIC AFFAIRS

Once called upon, he springs into action. Pulling up his Tyvek protective coveralls, donning his gloves, tying his boots, and checking his gas mask filters, Senior Airman David De Alva, 60th Civil Engineer Squadron pest management technician, is ready to rid a building from infestation.

"Travis is like anywhere else. It's not just a base it's a community with buildings, homes and people," said Tech. Sgt. Daniel Fink, 60th CES noncommissioned officer in charge of pest management. "Food and shelter tend to attract wildlife and we are here to keep them on the outside."

De Alva removes and eliminates pests around base.

"Our mission here on Travis Air Force Base entails removing, killing and clearing out pests from locations customers have requested pest assistance for," De Alva said. "We set up traps and/or poison to remove the critters from the buildings so Airmen can get their mission done and be comfortable while doing it."

The Pest Management Office prides itself on looking into more permanent solutions for ridding the base of pests.

"Our office works a little different from off-base contractors; we look into long-term solutions with pests," Fink said. "Rather than clean up the problem and leave, we set up precautions to keep the insects and vermin away even after we leave."

The Pest Management Office may rid the base of bugs, but there's a lot more than just insects that find their way onto the installation.

"We handle anything from ants to coyotes. If they are on Travis, we will get rid of them," De Alva said. "For most of the bigger animals like cats or raccoons, we will usually catch them and try to find a shelter or release them, far enough from Travis so they won't return."



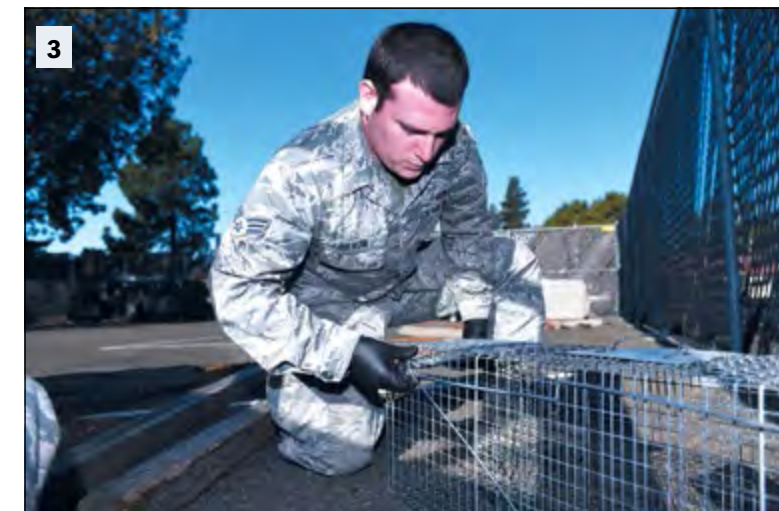
Not only does the Pest Management Office affect other offices on base, they also enable the flying squadrons to rapidly project American power.

"When aircraft visit certain locations, there is a risk of bringing back foreign insects or animals with them," said De Alva. "This could lead to the spread of disease or sickness to an area where the local population may not have a built immunity, which could start an epidemic. We spray down aircraft with an aircraft spray to kill and repel insects, so we can complete the mission without risking the health of the public."

Without the Pest Management Office, the mission at Travis could be negatively impacted.

"There would be frequent infestations of various insects, rodents, and in some cases, larger creatures would roam the base unhindered," Fink said.

"Eventually Airmen would struggle to do their jobs because they would be too busy trying to kill insects and vermin themselves and wouldn't be able to focus on their tasks," said Fink.



"We are here to provide a high standard of life, pest free."

Knowing how important pest management is to the largest mobility wing in the Air Force fills De Alva with a sense of purpose.

"It feels pretty awesome knowing that what I'm doing with my life has relevance to others and is making an impact to the Air Force's mission," De Alva said.

A team of five Airmen perform the pest management mission and often go unnoticed,

which is a good thing, said Fink.

"Generally people aren't aware Travis even has a Pest Management Office and that's good because if you are seeking us out, it's probably because you have a pest problem," Fink said. "During a duty day, we would all rather focus on getting our work done rather than avoiding or hunting insects in the office and that's why we are here. Whenever you find yourself being bothered or your work being hindered by pest give us a call and we will take care of it."

Art contest offers chance to showcase creativity

Victoria Ribeiro

AIR FORCE INSTALLATION AND MISSION SUPPORT CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-LACKLAND, Texas — The Air Force Services Center announced that the 2019 Air Force Art Contest is open for submissions through Nov. 30. There are various categories for adults and youth.

The contest, part of the Air Force's arts and crafts program managed by AFSVC, is open to all authorized patrons of Air Force morale, welfare and recreation programs.

"Creating art is a way for people to reduce stress and build resiliency," said Darlene Johnson, AFSVC community and leisure branch chief. "Our main inspiration for the contest is to build an avenue for our Airmen and families to express their artwork."

The contest features five categories:

- Adult (18 and up) – Novice (Individuals who are new or inexperienced working in traditional art media) and Accomplished (Individuals who have higher levels of art skills obtained through experience, training or as a professional artist).
- Youth – Children ages 6-8, Pre-teens ages 9-12 and Teens ages 13-17.

Accepted media are: oil, watercolor, acrylic, pastel, mixed media, digital, gouache, egg tempera, and pen and ink. Drawing media such as graphite, charcoal, colored pencils, scratchboard, markers and metal point are also accepted.

Once the contest closes out, art experts will evaluate each entry based on impact, creativity and technical characteristics. The top three artists in each category will be awarded prizes.

To learn more about this year's art contest, visit <https://www.Myairforcelife.com>.

SecAF, CSAF visit Bagram Airfield

2nd Lt. Brigitte N. Brantley

455TH AIR EXPEDITIONARY WING
PUBLIC AFFAIRS

BAGRAM AIRFIELD, Afghanistan — As part of their first trip together to the U.S. Air Forces Central Command area of responsibility, Secretary of the Air Force Barbara Barrett and Air Force Chief of Staff Gen. David L. Goldfein stopped by Bagram Airfield, Afghanistan, to meet with and thank Airmen assigned to the 455th Air Expeditionary Wing.

As part of their immersion into the base's mission, they learned about the several ways the wing's troops support both Operation Freedom's Sentinel and NATO's Operation Resolute Support. Airmen's contributions range from launching F-16 Fighting Falcon and C-130 Super Hercules aircraft, to conducting medical evacuation and other life-saving missions.

Goldfein, who has visited Bagram Airfield for four consecutive years in his role as CSAF, said the contributions of airpower to missions across the region are undeniable.

"The air component is absolutely critical to our success



U.S. Air Force photo/Staff Sgt. Matthew Lotz

Secretary of the Air Force Barbara Barrett and Air Force Chief of Staff Gen. David L. Goldfein speak Nov. 19 to Airmen assigned to the 455th Air Expeditionary Wing, Bagram Airfield, Afghanistan.

here because we bring the asymmetric advantage that our forces need to be able to prevail," Goldfein said. "We're also helping build an Afghan air force so they can police their own borders, which is what we're after in the end."

Barrett, who has been in and out of Afghanistan for

decades working with the women and businesswomen of Afghanistan, said visiting for the first time in her new role as Secretary of the Air Force was an honor.

"I'm here because it is such an important location, and it is a place where America is making a difference," Barrett

said. "Aviation is how we project power in this area, and the Airmen here at Bagram are a huge part of the reason why those efforts are successful."

Both Barrett and Goldfein agreed that another major reason why those efforts are

See VISIT Page 18

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CBD oil

From Page 12

treats. CBD alone is non-psychoactive, which means it doesn't produce the high associated with other marijuana components like THC.

While there have been a number of claims of its wide range of health benefits, CBD products are still unregulated by the Food and Drug Administration and may also contain varying levels of THC that may not be advertised on the label.

"The important point for Airmen to consider is the level of uncertainty for these products," Gammons said. "We want to ensure we arm them with the facts so they can make informed decisions and not inadvertently jeopardize their military careers."

According to a 2017 study

conducted by Marcel Bonn-Miller, Ph.D., a study of 84 CBD products sold online, found that only 31% of product labels accurately reflected the CBD content and 21% contained THC, even when product labels advertised zero THC.

Although the levels may not be significantly high, it can still be enough to result in a positive urinalysis result on a drug test. Positive urinalysis results can place service members under disciplinary action. Certain federal employees are also subject to random drug testing based on the requirements of their positions and could be subject to discipline.

Products containing THC, even pet products, may qualify as possession of a controlled substance. Possession of a controlled substance is regulated under the Uniform Code of Military Justice, federal law and state laws.



U.S. Air Force photo/Staff Sgt. Matthew Lotz

Secretary of the Air Force Barbara Barrett speaks Nov. 19 to Airmen assigned to the 455th Air Expeditionary Wing, Bagram Airfield, Afghanistan. Barrett and Air Force Chief of Staff Gen. David L. Goldfein visited Bagram to engage with key leaders and address Airmen about the current state and future of the Air Force.

Visit

From Page 17

successful is America's ability to work with partners throughout the region.

"Very often, our allies and our partners have as much to teach us as we have to teach

them; so coalition operations are, quite frankly, the American way of fighting," Goldfein said. "What we bring to the table as a nation is that we never fight alone. History shows that those with allies and partners win, and those without tend to lose, so history is on our side here."

During an all-call with troops from across the wing, the duo took time to address topics raised by the audience, from gender equality and technological advancements, to enlisted education and the development of the space force.

When asked by Barrett if this was their first deployment, about half the audience raised their hands. Second deployment? Many hands rose. Third deployment? A few more. The most-deployed audience member had been sent overseas 11 times, prompting Barrett to say that hearing that number made her really thankful for everything service members give up to be here.

Barrett and Goldfein's final words at Bagram were a simple message directed toward the families back home: thank you.

"Approaching the holiday period here, it's especially hard for the families back home to have their loved ones here doing the nation's business, so just a shout out to the families back home to say thanks," Goldfein said. "They have a very special kind of courage when they endure the hardships and separations that have become so much a part of military service in a nation at war."

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Tool crib

From Page 12

allows your Airmen to fail? That’s how we get there, creative thinking.”

Air Force higher leadership has implemented programs such as the Air Force Spark Tank to encourage Airmen to keep thinking critically and creatively to tackle any problems they may have.

Muraira encouraged Airmen with innovative ideas to never be discouraged by failure and to keep persevering.

“Don’t think just because you’re younger or newer in the Air Force that you’re voice shouldn’t be heard,” Muraira said. “Just because you’re an Airman doesn’t mean you can’t have a great idea. The Air Force is always looking for great ideas. If you have something route it up, tell your supervisor and see what they have to say. There are always funds for innovation and making an Airman’s life easier or helping get the mission done quicker and safer. Any innovative idea is your investment in the Air Force and the system as a whole.”



U.S. Air Force photo

Staff Sgt. Slade Muraira, 437th Aircraft Maintenance Squadron Support shift leader, inspects an auto-crib machine that was purchased for the squadron Nov. 8 at Joint Base Charleston, South Carolina.

Cyber

From Page 11

members had put in place after the earlier attack.

Similar attacks occurred in Louisiana in July. Those attacks affected five parishes – the Louisiana equivalent to a county – and 54 schools.

“It was two weeks prior to school (starting for the year),” said Kenneth Donnelly, Louisiana Cyber Security Commission executive director. “Mainly it affected the parish school board systems for (grades) K through 12.”

Louisiana National Guard cyber teams were called in.

“The governor declared a state of emergency, which allowed us to expand our (response) capability,” Donnelly said. “We were able to use those (Guard) assets and were able to build the capability and capacity in Louisiana to get on the ground quickly and recover the parishes’ school systems

before school started.”

The response also mitigated attacks in other parts of Louisiana.

“We were able to prevent seven other parishes from being severely impacted by the ransomware attack,” Donnelly said.

That was, in part, because of assistance from the Louisiana Guard.

“This is the new norm,” he said. “We currently have ongoing two additional cyberattacks that took place recently and we have the same resources on the ground right now.”

Because of that “new norm,” cyberattacks are often treated no differently than a hurricane or other large-scale disaster and the Guard is brought in to assist, Lengyel said.

“When they first developed cyber, people thought there really is no domestic mission for a governor to use a cyber force in a state capacity,” he said. “Now, we’re seeing how wrong that could be.”

But unlike a natural disaster, Guard cyber teams can be brought in ahead of time to mitigate possible attacks and were key to doing just that during the recent elections.

“In 2018 the Guard was on duty in 27 states either monitoring the state.gov networks or on standby in case something happened,” Lengyel said.

Plans are already underway for similar support during the 2020 elections.

As part of that, Guard teams would begin by assessing the network for any vulnerabilities, said Army Maj. Gen. Bret D. Daugherty, Washington National Guard adjutant general, which has a large cyber element.

After that, Daugherty said, any vulnerabilities would be addressed.

“This is all side by side with Department of State IT people who do the keyboard entry,” he said.

Finally, if needed, a team would then monitor the network.

“We (would) have that team on hand leading up to and during the election to monitor the network for any bad actors who may be trying to hack in, doing whatever we can to keep that from happening,” Daugherty said.

If any hacking activity were to occur, it would then be turned over to law enforcement officials, Lengyel said.

“Once we find a crime scene in the cyber domain, we turn it over to law enforcement or call in the FBI,” he said.

The Guard’s ability to operate in the cyber domain is just another skill set Guard members bring to the fight, whether overseas or at home, Lengyel said.

“It’s the role of the men and women of the National Guard to be able to offer these kinds of services to our governors to respond to a domestic event,” he said. “Whether it’s a hurricane, a fire or a cyber event, it’s just another military skill set we can transfer into use.”

F-35

From Page 7

onto the runway and rose into the air, experiencing the power of the F-35 for the first time.

“It was a great experience,” said a Royal Norwegian Air Force fighter student pilot assigned to the 62nd FS. “When you do the first take-off after only flying aircraft in previous flights with smaller engines, you can really feel the kick of the aircraft accelerating on the runway. It was really fun to achieve the goal of flying a fighter jet for the first time.”

The student pilots train on smaller aircraft prior to starting the F-35 B-course to learn the basics of military flight operations.

While attending Undergraduate Pilot Training, student pilots fly the T-6 Texan II – a two-seat, single propeller trainer. Next, they’ll fly the T-38 Talon, which is a two-seat twin-engine jet trainer, said Capt. Sake, 62nd FS Norwegian flight commander and instructor pilot.

Flying-instrument information on the T-6 and T-38 lay the foundation for success, preparing the student pilots to tackle the F-35’s components. The F-35 B-course provides an in-depth orientation to the fifth-generation fighter.

The first phase of the F-35 B-course is a month of classroom basics to identify how each system in the F-35 works. The second phase is ground-simulator training, performing hours of local and emergency procedures, along with other simulations. The last phase includes hands-on training, and the students are paired into operational squadrons where instructor pilots teach academics and the students fly the F-35 for the first time, said Sake.

“In some ways, the T-38 is actually a little bit more challenging to maneuver just because the flight controls are very mechanical, whereas the F-35s are more electrical,” said a Royal Norwegian Air Force student pilot. “The F-35 handles a little bit easier even though it has more power and thrust.”

Symposium

From Page 6

important topics that our women who serve, both military and civilian, need to hear about,” Glover said. “They need a forum to voice their concerns without fear of reprisal. Our goal was to bring men and women together to review the concerns and learn how to work better together to create a more cohesive, ready force.”

Lt. Gen. Jacqueline Van Ovost, Headquarters Air Force director of staff, discussed several Air Force initiatives focused on talent management and development during a keynote address on day one of the event. She also spoke of challenges many women face as they move in greater numbers into leadership positions across the force and the need for all to be “courageous and confident” in who they are as they inspire future generations to serve as military and civilian Airmen.

“We all face similar struggles and challenges, and we need to reach out and support each other,” she said. “We should be open about the experiences that we have had and build on our networks. We must embrace who we are and

encourage each other to reach our goals.”

Deborah Lee James, former secretary of the Air Force, talked about the importance of taking ownership of one’s own life and career while embracing challenges and setbacks as opportunities for growth. She also spoke about the importance of people, networks and mentors for helping guide a person on their journey.

“Get a mentor, be a mentor and build and value that network,” James said. “Put people first. If you don’t get the people part right, everything else crumbles down around you.”

The importance of continuous learning was also stressed by James during her presentation.

“Learn, evolve and reinvent,” she said. “Don’t rest on your competency laurels for too long. You need to keep on learning.”

In addition to the featured speakers throughout the symposium, participants had opportunities to interact with one another, senior AFMC and Air Force leaders. Participants also collaborated in breakout sessions with topics ranging from work and life balance to emotional intelligence, team development, the art of self-promotion and more. Panels on

diversity and inclusion, effective collaboration and spouse teams drove discussions on common work and life issues and ways to break down barriers in communication to create workplace environments based on trust.

For AFMC intern Lindsay McNeely, one of the youngest attendees at the event, the symposium provided an eye-opening perspective on issues that might affect her as she grows in her civilian career.

“It’s cool to work in an organization that champions and supports women,” McNeely said. “It’s interesting to see how the world has changed, making it possible for so many women to be in leadership positions. It’s good to know that these opportunities are in front of me, and there are women already in them who can help guide the way.”

For Glover, the success of the event hinged strongly on the great participation and interaction of AFMC leaders and attendees on issues of relevance for the Air Force.

“All of the diverse ideas shared can help shape a better future not only for women, but for everyone,” she said. “This forum was a great opportunity to listen, learn and shape a better tomorrow.”

Alternatives

From Page 5

expanding our inventory of meat alternatives to match what our patrons want.”

The commissary’s plant-based meat offers patrons an increased ability to meet their health, fitness and lifestyle goals while also tasting similar to their animal protein counterparts, according to Health and Wellness Program Manager Deborah Harris, MPH, RD, CDE (Masters of Public Health, registered dietitian and certified diabetes educator).

“With an increased focus on the benefit of protein in the diet, plant sources of protein help meet protein needs as well as offer a different nutritional profile than animal sources,” Harris said. “For example, plant-based protein sources also provide fiber, which most Americans lack in their diets.

“Per the Dietary Guidelines for Americans, a healthy eating pattern is one where nutrient needs are met with a variety of foods from a variety of sources,” she added. “It’s exciting to see that the commissary is working diligently to increase offerings to meet the multitude of lifestyle and dietary preferences of our military

community while saving our patrons money in the process.”

The following dietary and lifestyle attributes of the four Beyond Meat plant-based meat options sold in commissaries include: Certified Kosher, vegan, non-GMO project verified, no soy or gluten, 20 grams of plant protein per serving, 25 percent less saturated fat than ground beef and cholesterol-free.

Once DeCA’s sales team added the new plant-based meat to its stock assortment, the agency spread the news about the products’ availability to all its commissaries, said Andrea Coyle, store operations perishable team member.

In March, commissaries began offering three of the items – The Beyond Burger, Brat Sausage, and Hot Italian Sausage. Patron demand grew slowly and by June, plant-based ground beef was added to the stock assortment. On the strength of a July sales promotion, product demand skyrocketed, so much so that demand temporarily outpaced supply, Coyle said.

“Every month we are seeing double-digit increases in sales; the plant-based products are in very high demand and our stores are excited to be able to offer this stock assortment to their shoppers,” Coyle said.

The Titan missile is seen in an undated photo. The first intercontinental ballistic missile, the SM-65D Atlas, went on alert at Vandenberg Air Force Base, California, 60 years ago last month.

U.S. Air Force photo



Hallsell

From Page 2

its 13 Atlas missile squadrons to bases across the U.S., finding homes as far west as Fairchild AFB, Washington, to Plattsburgh AFB, New York.

Once home, some missiles sat exposed on the launch pad until launch, others slumbered horizontally until needed, with the E-series based in hardened silos.

But almost as soon as the U.S. Air Force fielded the Atlas, it was decided it was of limited use. The ICBM’s largest shortcoming was the liquid fuel system.

Not only was the liquid fuel volatile – explosions destroyed four Atlas silos during fueling operations – but the complicated, propellant-loading system required engineers to design a larger missile.

The Atlas required a large

launch site with supporting buildings, operation crews and maintenance crews.

It was simply too expensive and the U.S. Air Force replaced the Atlas with the Minuteman I in 1958, ending the Atlas program in 1965.

As a solid-fuel missile, engineers could develop a smaller 53.8-foot, lighter 65,000-pound weapon that needed fewer materials to construct its launch control centers and launch facilities.

The U.S. Air Force would use less land, less maintenance and a smaller operations crew to man it, making it a much cheaper alternative to the Atlas.

The U.S. Army Corps of Engineers began excavating and constructing the first flight of Minuteman I LCCs and LFs at Malmstrom AFB, Montana, in March 1961.

The 341st Strategic Missile Wing placed the first-ever MM

I on alert at LF A-06 near Monarch, Montana, during the Cuban Missile Crisis. It has since been the United States’ “Silent Sentinel.”

Despite its short lifespan, the Atlas was vital to the development of the Minuteman I.

The Atlas’s technical flaws encouraged engineers to switch to a solid fuel system that allowed them to shrink the Minuteman’s overall size and physical requirements.

Reflecting on the weapon system’s role in national security and international affairs, the ICBM was an integral pillar to the U.S.’ nuclear deterrent mission.

With the next generation ICBM in research and development, the Ground Based Strategic Deterrent, the U.S. Air Force hopes it can pick up where the Atlas and Minuteman left off and serve as the next nuclear deterrent for another generation.

Schedule

From Page 4

number of these booklets were distributed only to stateside stores, including Alaska and Hawaii. These booklets can be deemed at any commissary worldwide during November and December.

• Through Dec. 31, commissaries worldwide are offering limited weekly quantities of select frozen turkeys at 48 cents per pound. Plan ahead for your holiday meals and take advantage of these special seasonal savings while supplies last.

Available quantities of frozen turkeys are expected to increase closer to Thanksgiving. Check your commissary for brand availability.

• Go to the commissary website for featured “dietitian-approved” recipes. Save up to 20 percent on select ingredients for the following meals: Pumpkin waffle and chicken dinner as well as Thanksgiving meatloaf dinner.

• Shop commissary store brands. Many of DeCA’s top-selling commissary store brand items are perfect money-saving components for your holiday meals: Freedom’s Choice water, GoPack fruit, cheese and

nut packs shredded cheese, butter and cream cheeses, broths, chicken, shrimp, frozen vegetables, shelf stable vegetables and frozen fruit.

• Patrons who use their Military Star card at any military exchange or commissary through Dec. 31 will be automatically entered to win the “Your Holiday Bill is on Us” sweepstakes. Five grand prize winners will receive an account credit for the entire balance on their Military Star cards; 10 shoppers will win a \$1,000 account credit and 25 shoppers will win a \$500 account credit. Minimum value of each grand prize: \$2,500.

Hellhound

From Page 3

“There are always ways they can be better, but they’re functional and effective.”

Despite the working lights, Miller doesn’t see this as the end to this project.

“I would love for someone to take our current design, look at it through a fresh set of eyes and make it even better,” said Miller. “Our goal was to make this useable and efficient, but still keep it adaptable for the future.”

The future of these lights look bright as Air Mobility

Command has decided to fund the project in mass quantities.

“Tim Miller and Jared Perry are two of many in our Squadron who have carried the torch on innovation,” said Lt. Col. Christina Lee, 821st CRS commander. “They resemble what every commander wants to inspire in their units ... Airmen who are unabashed about finding problems and being empowered to solve them with the resources at hand. They have earned great praise, not just for producing a more effective airfield light, but by leading the way for others to follow.”

Rubio

From Page 2

participating.

While touring Pointe du Hoc with my wife, who met me in France, we saw a WWII veteran also touring the site. He was alone, sitting quietly and appeared to be introspective. We didn’t stop to bother him, but I was lucky enough to be nearby when a French man, probably in his 40s, approached him and in broken English, with tears in his eyes, thanked him from the bottom of his heart.

This experience epitomized true appreciation of our veterans, because this man was clearly not alive during WWII or personally liberated by this American service member. But the sacrifices were so appreciated by this man’s family that the deep emotions on display were passed down through generations.

It is that moment that I reflect on when I am facing my own challenges, and I hope that you are able to do the same.

Remember veterans, that your nation is grateful and forever indebted to you for your service and sacrifice. That is why it is an honor for me to represent this nation now and thank each and every one of you for stepping forward and taking on the challenges of military service.

You are my heroes.

Paves

From Page 5

environment.

“Our role becomes extremely vital in a radiological situation,” Cozza said. “Radiation isn’t something that you can smell or feel – it interacts with you on a cellular level.”

Phase II-B of ROCKI 20-01 put the team’s radiological capabilities to the test, being the first time it has been implemented into an exercise at Little Rock AFB.

“To detect radiation, you need to have very specialized equipment,” Cozza said. “We have that equipment and have the capability of using it, understanding what it is reading, interpreting the results, and ultimately finding out the biological effects that will occur.”

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1 1) Staff Sgt. Alvin Perez, left, 60th Aerospace Medicine Squadron medical technician, administers an influenza vaccination to Tech. Sgt. Emanuel Espino-Mata, right, 60th Operations Support Squadron noncommissioned officer in charge of Survival, Evasion, Resistance and Escape operations, during a base exercise Nov. 5 at Travis Air Force Base, California. The exercise tested Team Travis' ability to respond to a public health emergency in the event of an actual health crisis. 2) U.S. Air Force medical personnel assigned to David Grant USAF Medical Center administer emergency first aid to a simulated victim during a base exercise Nov. 5 at Travis. 3) Staff Sgt. Joshua Yap, right, 60th Security Forces Squadron noncommissioned officer in charge of supply, processes Airman 1st Class Stanley Dinkins, left, 60th Force Support Squadron force management technician, into quarantine at an isolation facility during a base exercise Nov. 6 at Travis. 4) Staff Sgt. Harris Belmonte, 60th Aeromedical Squadron medical technician, applies a bandage to the shoulder of Senior Airman Nathaniel McCoy, 60th Aircraft Maintenance Squadron aircraft structural maintenance journeyman, after receiving an influenza vaccination during a base exercise Nov. 5 at Travis.

EXERCISE

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U.S. Air Force photos by Heide Couch



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